

Path 01 – Explore an Artist

Activity Information

- ☐ Time: 10–20 minutes
- ☐ Materials: Activity sheet, colored pencils/markers (optional)
- ☐ Best for: Individual or together

TODAY’S GOAL & THEME

Theme: Light & Observation

Explore how Claude Monet used light and color to capture everyday moments, then observe the world around you with fresh eyes and create your own artwork.

MEET TODAY’S ARTIST: CLAUDE MONET



TITLE

- Water Lilies (1916) -

YEARS

— 1840–1926 —

THEIR STORY

Claude Monet was a French Impressionist painter who captured the beauty of light, color, and nature. He believed that even ordinary moments could become extraordinary through careful observation.

LOOK TOGETHER

Spend a minute quietly observing both artworks before reading anything else.



Impression, Sunrise (1872) – Oil on Canvas
Painted to capture the changing effects of light and atmosphere over the harbor. This painting gave the Impressionist movement its name.



Woman with a Parasol (1875) – Oil on Canvas
Captures a fleeting moment outdoors, celebrating light, movement, and everyday life.

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STEP 1 - OBSERVE

Take a moment to look before reading or talking.

- **How does the light change each scene?**
- **Which colors work together?**
- **Where do you see movement?**
- **Which painting feels calmer? Why?**
- **What would this scene feel like if you were standing there?**

STEP 2 - CONNECT

Claude Monet believed that every moment looks different depending on the light. As you look at these artworks, write about what you notice, feel, or appreciate in the everyday world around you.

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- Which colors stand out to you?
 - What details do you notice first?
 - Does this scene remind you of a place you've enjoyed?
 - How does this artwork make you feel?
 - What do you appreciate about ordinary moments?

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STEP 3 - CREATE

Your turn -

Today's Prompt: *"Create a painting or drawing inspired by something beautiful you notice every day. Focus on light, color, and atmosphere instead of small details."*

STEP 4 - REFLECT

- One thing I noticed...
- One feeling this artwork inspired...
- One thing I discovered about myself...