

Path 01 – Explore an Artist

Activity Information

- ☐ Time: 10–20 minutes
- ☐ Materials: Activity sheet, colored pencils/markers (optional)
- ☐ Best for: Individual or together

TODAY’S GOAL & THEME

Theme: Light & Storytelling

Discover how Rembrandt used light, expression, and storytelling to capture human emotion, then create artwork that tells a meaningful story of your own.

MEET TODAY’S ARTIST: REMBRANDT VAN RIJN



TITLE

Self-Portrait (1659)

YEARS

— 1606–1669 —

THEIR STORY

Rembrandt was a Dutch Baroque painter known for using light and shadow to reveal emotion and tell human stories. His portraits encourage us to look closely at ourselves and others with empathy.

LOOK TOGETHER

Spend a minute quietly observing both artworks before reading anything else.



Titus at His Desk (1655)– Oil on Canvas
A gentle portrait of Rembrandt's son that conveys warmth, concentration, and the quiet beauty of everyday life.



The Jewish Bride (1665–1669)– Oil on Canvas
A quiet portrait celebrating love, tenderness, and trust. The couple's gentle gestures show that deep emotions are often expressed through simple acts of care.

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STEP 1 - OBSERVE

Take a moment to look before reading or talking. As you look notice:

- **Light and shadow**
- **Facial expressions**
- **Body language**
- **Clothing and details**
- **Mood and atmosphere**
- **Relationships between the people**

STEP 2 - CONNECT

Rembrandt used light, shadow, and facial expressions to tell human stories.

As you look at these paintings, notice the emotions, relationships, and moments that stand out to you.

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- What emotion do you notice first?
 - Which person draws your attention? Why?
 - How does the light change the mood of the painting?
 - What story do you think is being told?
 - What detail helps you understand the people in the artwork?

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STEP 3 - CREATE

Your turn -

Today's Prompt: *"Create a drawing of a meaningful moment or place that tells a story. Think about how light, color, and simple details can help others understand what makes it special."*

STEP 4 - REFLECT

- One thing I noticed...
- One feeling this artwork inspired...
- One thing I discovered about myself...